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CLAIMS

- A slimming composition for administration by the 1. oral route, comprising:
- a combination of conjugated linoleic acid and 5 caffeine as active ingredient, and
 - an acceptable carrier for administration by the oral route.
- The composition as claimed in claim 1, charac-10 2. terized in that the conjugated linoleic acid/ caffeine mass ratio is between 1 and 15, preferably between 1 and 6.
- The composition as claimed in claim 1 or 2, 15 3. characterized in that it additionally contains lecithin and colloidal silica.
- The composition as claimed in any one of claims 1to 3, characterized in that it additionally 20 contains a green coffee extract, and/or chromium chloride.
- The composition as claimed in any one of claims 15. to 4, characterized in that it is provided in 25 powdered form.
- The composition as claimed in claim 5, charac-6. terized in that it is provided in the form of soluble coffee. 30
 - The composition as claimed in any one of claims 1 7. to 4, characterized in that it is provided in the form of tablets, gelatin capsules, capsules or sachets of powder.
 - The composition as claimed in claim 6, charac-8. terized in that it contains:

spray-dried coffee (containing 60 mg of caffeine): 2390 mg conjugated linoleic acid: 310 mg lecithin: 30 mg green coffee extract (containing 5% by weight of caffeine): 240 mg chromium chloride (containing 12.5 μ g of chromium): 0.064 mg colloidal silica: 30 mg

9. The composition as claimed in any one of claims 1 to 8, as a dietary supplement, a dietetic composition or a cosmetic composition.

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- 10. The use of the composition as claimed in any one of claims 1 to 9, for increasing weight loss.
- 11. A medicament comprising the composition as claimed10 in any one of claims 1 to 8.
 - 12. The use of the composition as claimed in any one of claims 1 to 8, for the preparation of a medicament intended to treat or prevent obesity.

CLAIMS

- 1. A slimming composition for administration by the oral route, comprising:
- a combination of conjugated linoleic acid and caffeine as active ingredient, and
 - an acceptable carrier for administration by the oral route,
- in which the conjugated linoleic acid/caffeine mass ratio is between 1 and 15.
 - 2. The composition as claimed in claim 1, characterized in that the conjugated linoleic acid/caffeine mass ratio is between 1 and 6.

The composition as claimed in claim 1 or 2, characterized in that it additionally contains lecithin and colloidal silica.

- 20 4. The composition as claimed in any one of claims 1 to 3, characterized in that it additionally contains a green coffee extract, and/or chromium chloride.
- 25 5. The composition as claimed in any one of claims 1 to 4, characterized in that it is provided in powdered form or in liquid form.
- 6. The composition as claimed in claim 5, characterized in that it is provided in the form of soluble coffee.
- 7. The composition as claimed in any one of claims 1 to 4, characterized in that it is provided in the form of tablets, gelatin capsules, capsules or sachets of powder.